tourist information map location



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There are also two markets in Benidorm; Els Tolls on Wednesday and the Mercadillo Pueblo in Rincón de Loix. The latter is also open on Sundays. If you are looking for second-hand bargains, vintage items or antiques, then check out the El Cisne Flea Market outside town.

Parque de Elche and Parque de l'Aigüera are two town-centre parks, with green areas and benches. L'Aigüera has two open-air stages, the Oscar Esplá and the Julio Iglesias, where cultural and musical performances and festivals take place all year round.

When it comes to **sport**, Benidorm has three magnificent golf courses, all of them with wonderful views. Las Rejas course, suitable for amateurs and with an academy, with 9 holes; and the two 18-hole course at Club de Golf Villaitana. We also have the Serra Gelada Nature Park, with five walking routes for different abilities that cross the six kilometres of mountainside, from one side to the other. Perfect for lovers of hiking, they afford magnificent views from amazing cliffs over the sea.

When it comes to **gastronomy**, it's plentiful, varied and good, an essential part of any holiday. With so many restaurants, you can choose from all types of food. Going out for some tapas in the old town has become almost a tradition. Make for Calle Santo Domingo, better known as "the Basque one's" street, and its surroundings, and you'll find a plethora of bars and restaurants specialising in tapas and nibbles.

Benidorm also has many other attractions, such as **health tourism**, with a large range of spas and wellness centres where you can lie back and relax, two well-equipped, modern private hospitals offering the latest technologies and multi-lingual presonnel, four health services centres and a public district health service, not to mention the healing effects of the sun and the sea.

The main **festivals** are the Patron Saint's Festivals, which take place during the second week of November, however, there are more than 50 festivities on the calendar. From "Fallas" to the spectacular "Moors and Christians", as well as religious pilgrimages in honour of the Virgin and the "regional houses" festivals. There's room for everything in Benidorm.







Benidorm 50+

The powerful draw of the sea and more than 300 days of sunshine every year have made Benidorm, decade after decade, a perfect destination for senior people who still want to enjoy themselves and want to relive their youth.

There are 10 million people aged 55 to 80 years who are potential visitors to our city. They are joined by millions of retired people from other European countries, who find their own personal paradise here. Relaxation, quality of life, festivals and cultural activities, sport and marvellous natural areas are main attractions of this leading city for senior tourists.

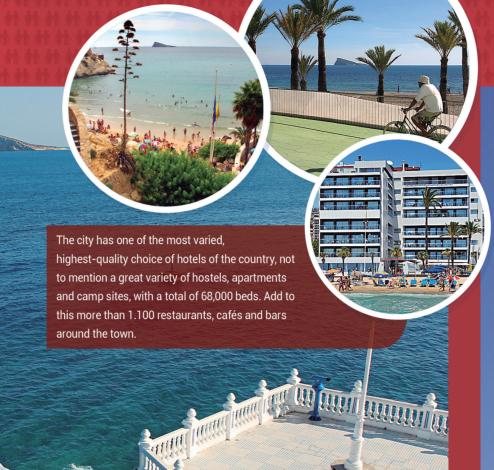


Benidorm

leading city for senior tourists

People with time to take long holidays, who appreciate good food and exceptional service

An average yearly temperature of 19 degrees and a unique microclimate mean that this town boasts a year-round tourist season. A paradise for lovers of the sun and sea, Benidorm has almost six kilometres of urban beaches and wonderful coves just a few kilometres from the centre. Our beaches have accessibility services for people with reduced mobility, beach libraries, foot showers, parasols and beach beds, safety and cleaning. These beaches have obtained the highest quality certifications for management and water standards, as well as the European Union's Blue Flags.







Sun, sea and sand

are most visitors' favourite holiday and rest activities particularly for senior visitors. Long strolls along the two seafront promenades or a good swim at any time of year, even in autumn and winter, appeal to everyone.

Most of your entertainment options **in town** are on the Playa de Levante, where you'll find cafés with live music and dancing for senior holidaymakers, who find this kind of fun is the best medicine. Fantastic cafés for spending enjoyable evenings and having a coffee or a hot chocolate overlooking the sea, making new friends of catching up with old ones.

European senior tourists find leisure activities to satisfy their tastes and needs in the Rincón de Loix area around Calle Gerona, Ibiza and Malloca, full of pubs, restaurants and bars, which appeal to the large number of British, Belgian, Dutch and German retirees who visit Benidorm.

The pedestrianised old town, packed with shops and life, is a **shoppers paradise**, and a great place for soaking up the street life and for people watching. One of its great attractions is that you can wander around, explore and indulge yourself. There are so many shops to choose from and something to suit every pocket.

