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Tourist information
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Mountain Bike routes in Benidorm

La Marina Baixa, with its peculiar and difficult terrain, is the ideal place for mountain biking. Serra Gelada, Sierra Cortina, Puig Campana, Sierra Bernia and Sierra Altana are some of the places frequented by mountain bikers to practice the most "extreme" forms of Mountain Biking.

Some of the proposed routes:

Benidorm, Serra Gelada, Faro Albir, Benidorm:

- Degree of difficulty: Easy
- Time: 4½ hours

30,3 km.	793 m.	776 m.	SI	425 m.	24 m.

Route: Benidorm, Casa Dios, Benidorm:

- Degree of difficulty: Moderate
- Time: 5 hours, 45 minutes

36,71 km.	1.182 m.	1.225 m.	SI	906 m.	37 m.

Route: Benidorm, Puig Campana, Benidorm:

- Degree of difficulty: Very difficult
- Time: 4 hours, 15 minutes

34,89 km.	1.056 m.	1.104 m.	SI	892 m.	0 m.

Family Cycling

Family cycling is one of the best ways to get around Benidorm. Bike along the beaches, streets and other corners of the city will allow you to discover the delights of Benidorm and the surrounding areas.

Benidorm Coast by Bike: Ride along the main beaches of Benidorm, Poniente and Levante, passing through various tourist attractions such as Old Town and the viewpoint

- Degree of difficulty: Easy

12,52 km.	95 m.	95 m.	SI	60 m.	0 m.

L'Albir-Benidorm: classic route for family holidays, between the towns of L'Albir and Benidorm.

- Degree of difficulty: Easy

8,35 km.	179 m.	199 m.	No	63 m.	0 m.

Benidorm-Punta del Cavall: ideal route for families to enjoy. This small paved road runs between the sea and mountains and leads to Punta del Cavall, where you will also find the Torre de la Escaleta.

- Degree of difficulty: Easy

4,42 km.	167 m.	180 m.	No	97 m.	0 m.



CYCLE TOURISM
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city & beaches
Benidorm

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Benidorm
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Benidorm

Cycle Tourism

Thanks to the region's good weather, with very little rain throughout the year and very mild winter temperatures, **Benidorm** offers a unique venue for all forms of cycling. Our region is one of the popular cycling locations in Spain.



By cycling we can help:

- Reduce pollution (noise and air pollution).
- Acquire more beneficial travel habits for your health.
- Limit energy consumption.
- Reduce the cost and time spent moving around town.
- Eliminate the stress generated by motorized traffic.

Safety standards:

- Ride with caution and respect traffic rules.
- It is advisable to wear a helmet and reflective vest.
- All bikes should carry regulatory lights.
- Do not use headphones or mobile phones.
- Signal before manoeuvring.

Road

Cycling

Many road-cycling professionals choose our town to prepare for the new season during the winter.

Thanks to the **variety of terrain** in our area, from virtually flat areas along the coast, to large mountain passes in the interior, the favourable climate and the variety of entertainment and leisure activities, **Benidorm** is positioned as the ideal place for **cycling teams**.

In **Benidorm** we also hold many cycling races, including **La Volta a La Marina**, stages of the **Tour of Valencia**, stages of the **Tour of Spain**, as well as other cycling tours where many cycling enthusiasts from around the world get together, year after year.



Benidorm



Road Cycling

Some of the proposed routes:

Road Route:

(Benidorm - Vilajoyosa-Sella-Orieta-Puerto Taudons-Relieu-Orieta-Vilajoyosa-Benidorm)

- Degree of difficulty: Difficult
- Time: 4 hours, 16 minutes



Road Route:

(Benidorm-Relieu-Sella-Benidorm)

- Degree of difficulty: Moderate
- Time: 3h 45 minutes



Road Route:

(Benidorm, Callosa, Tarbena, Campell, Parcent, Rates-Benidorm)

- Degree of difficulty: Very difficult
- Time: 6 hours, 37 minutes



LEGEND

More routes: www.visitbenidorm.co.uk

